

# Simplified Youth Version

## Topic: The Sign of Jonah and the Resurrection

---

### Purpose Statement

To understand the one sign Jesus gave to prove He is the Messiah.  
To see how Scripture explains the resurrection clearly and exactly.

---

### Simple Teaching Paragraphs

When Jesus was asked for proof that He was the Messiah, He gave one sign. He said He would be in the heart of the earth for three days and three nights. This was not a symbol. It was a measurable period of time.

Matthew recorded, **Matthew 12:40**

*“For as Jonas was three days and three nights in the whale’s belly; so shall the Son of man be three days and three nights in the heart of the earth.”*

Many people think Jesus died on Friday and rose Sunday morning. But that does not equal three days and three nights. Jesus included both days and nights, so the count must match exactly.

**The Bible shows that a day begins at sunset, not midnight.**

Moses wrote, **Genesis 1:5**

*“And the evening and the morning were the first day.”*

**This means we must count time the way the Bible defines it.**

The crucifixion week included two Sabbaths. One was a High Sabbath for Passover. The other was the weekly Sabbath. This explains how the women could rest, buy spices, prepare them, and then rest again.

**The tomb was found empty early on the first day of the week.**

John wrote, **John 20:1**

*“The first day of the week cometh Mary Magdalene early, when it was yet dark, unto the sepulchre, and seeth the stone taken away from the sepulchre.”*

**The verse describes discovery, not the moment Jesus rose.**

When the time is counted using the Bible’s calendar, the sign is fulfilled exactly. Jesus remained in the tomb three days and three nights. This proves He is the Messiah.

---

## Youth Discussion Questions

1. Why did Jesus choose a time based sign instead of another miracle?
2. Why is it important that the count matches exactly?
3. What does the fulfilled sign prove about Jesus?

---

## Youth Summary Statement

Jesus gave one clear sign to prove who He is.

When the time is counted by Scripture, the sign is fulfilled exactly.